

Health & Wellbeing Board

A meeting of Health & Wellbeing Board was held on Wednesday, 29th June, 2022.

Present: Cllr Mrs Ann McCoy (Chair), Cllr Lynn Hall (Sub Cllr Jacky Bright), Cllr Dan Fagan, Cllr Steve Nelson, Cllr Andrew Sherris, Cllr Sylvia Walmsley, Ann Workman, Fiona Adamson, Sarah Bowman - Abouna, Jon Carling, Dominic Gardner, Hilton Hislop (sub for Julie Gillon), Alex Sinclair (sub for David Gallagher), Peter Smith

Officers: Tanja Braun, Sarah Whaley, Jo Linton,

Also in attendance:

Apologies: Cllr Robert Cook, Cllr Lisa Evans, Cllr Jacky Bright, David Gallagher, Martin Gray, Julie Gillon

1 **Declarations of Interest**

There were no declarations of interest.

2 **Minutes of the meeting held on 24 May 2022**

Matters arising

The minutes of the meeting held on 24 May 2022 were confirmed as a correct record.

During consideration of minute HWB 84/21 'Physical Activity Steering Group', which included reference to the Beat the Street project, a request was made that feedback from schools and other Beat the Street users be collated and reported back to the Board. The Director of Public Health agreed to provide feedback to members.

Also, during the discussion of minute HWB 84/21 'Physical Activity Steering Group', which referenced the provision of accessible play equipment in the Borough's parks, there was a suggestion that consideration should be given to increasing the numbers of baby swings in some of those parks. The Cabinet Member for Health, Leisure and Culture indicated that he would look at this issue further.'

3 **Pharmaceutical Needs Assessment – Consultation Update**

Members received a report relating to the Pharmaceutical Needs Assessment (PNA) 2022 – Consultation Update, presented by Jo Linton Pharmaceutical Needs Advisor (PNA).

The report served to notify Stockton-on-Tees Health and Wellbeing Board (HWB) that, as part of the statutory review of the Pharmaceutical Needs Assessment (PNA), the 60 day consultation, which had been undertaken from April to June 2022, was now complete. The updated PNA was due to be published by 1st October 2022.

In the interim, the HWB was required to keep the PNA up to date by

maintaining the map of pharmaceutical services, assessing any on-going changes which might impact pharmaceutical need or require publication of a Supplementary Statement.

Since the Board was last updated, in March 2022, the PNA had been advised by NHS England and NHS Improvement that a further pharmacy would close.

Members noted that, Boots Pharmacy, High Street, Stockton would close on 16th July 2022. A formal notification would be sent to the HWB 21 days before the closure. Following this change there would be 39 community pharmacies (including one distance selling pharmacy) across Stockton each serving an average of 5062 patients. Access in the town centre was above average with more pharmacies per patient. Stockton Town Centre ward had 9 other pharmacies, 4 of which were open 100 hours. This information having been reviewed by the PNA Steering Group did not alter the statement of need in the draft PNA 2022, however, the maps and document would need to be updated to reflect this change.

Members considered the PNA Consultation update and discussion could be summarised as follows: -

- The number of pharmacies per head of population in Stockton compared well to national figures.
- In terms of the PNA consultation, regulations identified that a number of statutory consultees must be consulted, of which, 14 responses had been received. The number of responses received was in line with other neighbouring Local Authorities.
- the lifespan of a PNA was 3 years, however, under certain circumstances, the PNA could be reviewed at any time.
- Following the news that Boots pharmacy, in Stockton Town Centre, was closing on 16 July, Board Members raised questions relating to the provision of blister packs, as Boots had provided this service for patients with complex prescriptions. Officers explained that Boots would manage their closure, however, could not recommend specific alternative providers. Neither GP's nor pharmacies could recommend specific pharmacies and could only highlight the pharmacies in the Borough that provided that service. It was the responsibility of the individual patient to nominate a preferred pharmacy. There was no nationally funded scheme for pharmacies to provide blister packs and pharmacies could not be forced to provide such a service.
- Brief discussion was also had relating to the provision of blister packs to care homes, the Board was informed that care homes had arrangements in place with pharmacies, which was a paid for service.

- The services that were provided at pharmacies had increased, which included signposting from 111 for various treatments, smoking cessation, blood pressure management, covid vaccines, lateral flow tests etc, pharmacies were delivering a huge amount of support to the community. Pharmacies were also receiving consultations from neighbouring areas which was being reviewed, however, as yet, no issues had been detected.

- It was agreed that Jo Linton would provide Members of the Board with a list of pharmacies that provided blister packs within the Borough and what percentage of the total number of pharmacies, within the Borough, this equated to.

- The Director of Public Health agreed to bring back a further update in terms of the role of the community pharmacy.

RESOLVED that:

1. the 60-day consultation on the draft PNA 2022 be noted.
2. a final draft PNA 2022 be brought to the HWB for approval in July or September 2022.
3. the changes in pharmaceutical services to be taken into account in the final PNA 2022.
4. A further update in terms of the role of the community pharmacy be provided at a future meeting.

4 Reducing Alcohol related harm – Update

Members considered a presentation which updated the Board in 'Reducing Alcohol-Related Harm in Stockton on Tees.

The presentation covered the following areas:

- Alcohol Harm in Stockton on Tees
- Alcohol Harm Reduction
- Alcohol Harm Reduction Action Plan
- Additional Funding for Service Developments
- Strategic links with Integrated Care System (ICS)

Discussion and key points:

- Noted that a pilot was being established to promote best practice across all schools. Work in schools was vital to change perceptions across the family and reduce the numbers of children drinking alcohol and their siblings, parents/carers etc. Similar work relating to other kinds of substance misuse was also important.

- Members noted that there was a multi-agency approach to prevent young people obtaining alcohol.
- Tees Valley Alcohol inpatient detoxification services had received additional funding and an update on this would be provided at a future meeting.
- Members noted that data suggested that, during Covid, some people had increased alcohol consumption substantially, but, equally, a similar number had reduced intake.

RESOLVED that the update and discussion be noted and actioned as appropriate.

5 Impact of Covid (inequality / recovery)

Members considered a presentation detailing the Impact of Covid (Inequality / recovery).

The presentation covered the following areas:

- Current position showing daily rates of the population testing positive for Covid-19, England v North East and Hartlepool, Middlesbrough, Redcar and Cleveland and Stockton on Tees:
- Impact on Mortality
- Health inequalities
- The burden of Covid-19
- Opportunity
- Embedding learning
- Building back fairer
- Next steps

Discussion:

- Cases of Covid 19 were on the increase, however, it was not causing any more serious illness, although vaccines were good at protecting, reinfection could occur, even if a person had had Covid 19 previously.
- Hospital admissions were on the increase and putting pressure on the NHS, however, it was not as severe as it had been, previously.
- Stockton did not have a particularly high level of Covid related deaths, and everything possible was being done to plan for Autumn / Winter.

- - Deprivation data showed a higher number of deaths and younger average deaths in deprived areas. This was impacted by such things as occupational exposure, access to services, vaccine uptake.
- Partners were looking to address inequalities and were considering various models, sharing information and focusing on early prevention.
- Members noted the link between covid and diabetes.
- There was discussion around the effect the lockdown had had on the development of young children.
- Board noted that a high percentage of the population was now likely to have antibodies, however, this did not mean those individuals would not contract the disease, though symptoms may significantly be less severe, than in someone without antibodies.

The Board supported the following proposed next steps, that would provide assurances and strategic coordination to build back fairer from Covid, maximising the learning to-date and informing the Board's forward plan:

- Board to receive regular assurance reports on health protection issues from the Health Protection Collaborative – including incorporating learning, preparedness to stand up in response to next wave / variant, preparedness for Autumn / Winter, maintaining & building on prevention activity across key settings.
- Refreshed Strategy (current expires 2023) based on Marmot principles / Build Back Fairer, incorporating learning from pandemic and in context of evolving ICS / ICP system & linking to other strategies / frameworks e.g. A Fairer Stockton-on-Tees.
- Director of Public Health (DPH) to bring back an approach to Strategy process, in early Autumn 2022.
- DPH to develop a work plan and approach to outcomes monitoring, with proposals to be developed from this
- Partners would continue to work together, to inform the ongoing development of the Board, in the context of the pandemic, the developing ICS / ICP and the refresh of the Strategy and work programme to achieve strategic health and wellbeing system outcomes locally

- Board members to input to national, regional and local work to update Major Incident Plans and Pandemic plans as appropriate, with update to the Board.
- Board member organisations to collectively coordinate activity and update the Board on plans & work to support access to services, further understand the impact of Covid and address the evolving local picture of health and wellbeing and health inequalities. The updated Health and Wellbeing Strategy, work programme and outcome monitoring would draw this together and included:
 - addressing the backlog of care for the local population
 - working more closely with communities and taking a community asset-based approach
 - understand and collectively address the impact of post-Covid syndrome.

RESOLVED that the update and proposed next steps be noted/agreed.

6 Integrated Care System Update

Members were provided with a brief update and noted that the ICS became effective in a couple of days, on 1st July 2022.

7 Health and Wellbeing Partnerships

The Board considered a report that detailed business and discussion at meetings of the Children and Young People's Partnership and the Adults' Health and Wellbeing Partnership, during February 2022.

RESOLVED that the report be noted.

8 Members' Updates

Members provided updates to the Board:

North Tees and Hartlepool NHS Foundation had started making winter plans. The plans would be brought back to a future meeting of the Board.

The Cabinet Member for Health Leisure and Culture highlighted the Tees Active Weight Management Programme, available to members of the public. Pre Covid there were 800 participants, however, this had increased to 2000. Tees Active had introduced a self-referral process, as it was becoming difficult to get appointments with GP surgeries, for referrals.

Brief discussion was undertaken around the Impact Covid had had on delayed / cancelled clinic appointments and Accident and Emergency (A&E). Members noted that during Covid there had been a significant impact, however, this had reduced, and most clinics were going ahead and were only cancelled, as a last resort. In terms of A&E, this was highly dependent on how the day presented itself, as there were many variables to consider. North Tess was one of the

better performing trusts, nationally, in terms of A&E waiting times, as it operated an Urgent Care facility, alongside A&E, which had been introduced prior to Covid, and worked well.

Covid vaccinations were still being offered during June and July, at Wellington Square, in Stockton Town Centre.

It was noted that GP surgeries would be open from 9:00am to 5:00pm on Saturdays from Autumn 2022. There would be additional provision available at GP practices and Members of the public would be able to have their say as to what that provision would be by completing a survey. The hope was that GP practices may open 7 days a week.

It was explained that, after attending an NHSE event the Footsteps Youth Wellbeing Team, based at Eaglescliffe Health Centre, had been invited to present the model, as best practice, at a national NHSE forum, and to attend a separate event, in London, to showcase learning on the new national Complete Care Communities Programme. Hartlepool and Stockton Health had been invited to join the programme. A further update could be provided at a future meeting.

Catalyst was holding a Mental Health afternoon on Monday 4th July. It was also highlighted that 20th July would see the launch of Catalyst awards and community groups or individual could be recommended for an award.

Healthwatch indicated that its Annual Report would soon be available on its web site. It was also highlighted that Healthwatch had a statutory place on the Integrated Care Board and the Chair of Northumbria had been appointed.

Reference was made to a recent restructure in The Council and it was explained that Adults and Health now included community safety and regulatory services.

Noted that a successful carers week and disability week had been recently held.

9 Forward Plan

The Board noted its Forward Plan.